

4-Week Rotating Menu

Winter 2020-21

Week 1

Week 1			breakfast color	Classic	Homestead	Harmony
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		scrambled eggs		scrambled Eggs	scrambled eggs	scrambled eggs
Scrambled/saus	scrambled/sausa	waffles/bacon	scrambled/sausag	pancakes/ sausage	French toast/ bacon	pancakes/sausage
Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style
♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters
French toast	Waffles	cheese Blintz	bagels& lox	muffins	chefs omelet	blueberry pancakes
bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage
Hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal
juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea
cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal
fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit
Lunch	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour
scallop & bacon	Salad	salad	salad	salad	salad	salad
Pot Roast	Ham Salad Sandwich	♥ tukey burger	Hamburger	butternut squash	Fried clam roll	Mac-n-cheese
or	or	with	or	ravioli	or	or
♥ bake cod	♥ Grilled Chicken	or	♥ vegetable	♥ Tacos with	♥ grilled chicken	♥ tuna salad
with lemon	sandwich on multi	Fish-n-Chips	wrap with asian slav	all the fixins	on tossed salad	sandwich
Roasted potato	honey mustard	coleslaw				
butternut squash						
Apple pie	pudding	Pumpkin Spice Cake	Cranberry cookie	fresh fruit	banana bread	chocolate chip cookie
x2 snack- yogurt	grapes	watermelon	pudding cup	cheese crackers	fresh fruit	ice cream cup
Dinner	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour
Soup du jour	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
♥ Grilled cheese	♥ Baked salmon	♥ Roast pork	♥ turkey ala	NE boiled dinner	♥ Baked haddock	Lamb shank
and turkey sand.	baked potato	w/ lyonnaise	king over noodles	boiled potato	or	or
or	or	or	or	carrots, cabbage	Chicken with	♥ Roasted turkey
Tuna salad	Spaghetti &	Chicken drumsticks	Beef stew with	or	linquine&mush	Fricasse
sandwich	meatballs	sweet potato	biscuit	♥ Herb roasted	rice	Noodles
	swiss chard	carrots	beets	chicken breast	Broccoli	Butternut squash
Ice cream cone	Apple crisp	Blueberry crumb	Fruit tarts	pineapple upside	pumpkin	Poached pears
		cake		down cake	pie	

Week 2

Week 2			Breakfast colors	classic	Homestead	Harmony
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		scrambled eggs		scrambled Eggs	scrambled eggs	scrambled eggs
Scrambled/saus	scrambled/sausa	waffles/bacon	scrambled/sausag	pancakes/ sausage	French toast/ bacon	pancakes/sausage
Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style
♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters
French toast	Waffles	cheese Blintz	bagels& lox	muffins	chefs omelet	blueberry pancakes
bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage
Hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal
juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea
cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal
fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit
Lunch Breaded	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour
Mushrooms	Salad	Salad	Salad	Salad	Salad	Salad
Grilled NY sirloin	Monte cristo	♥ Honey mustard	♥ Seafood salad	Tortellini Alfredo	♥ baked Cod	Grilled Cheese
or	sandwich	Chix sandwich	sandwich	or	or	and tomato sand.
♥ baked cod	or	or	or	♥ Turkey sandwich	Hot Passtrami &	or
baked potato	♥ chefs salad	American Chop	Philly steak &		Swiss on bulkie	♥ grilled chicken
Swiss Chard		Suey	Cheese wrap			on tossed greens
bst cr. Pie	pudding	Brownies	fresh fruit	straw short cake	jello	cookies
x2 snack- yogurt	grapes	watermelon	pudding cup	cheese crackers	fresh fruit	ice cream cup
Dinner	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour
Grilled ham	Meatloaf	BBQ Ribs	♥ london broil	♥ Pork meatballs	♥ Poached salmon	♥ roast chicken
and cheese sand	or	or		or	or	breast or thigh
or	♥ Grilled swordfish	♥ roast turkey	or	Vegetable Lasagna	Fried chicken	or
♥ chicken Pot Pie	mashed potato	breast w/gravy	cornish game hen			Assorted pizza
with puff pastry	Green beans	mashed sweet pot	baked potato	potato au gratin	potato pancakes	Baked potato
top		corn	Zucchini	broccoli rabe	butternut squash	spinach
ice cream pie	Ginger Bread	mandarin upside	pumpkin pie	French Silk Pie	fruit tart	Pecan pie
		down cake				

Week 3

Week 3	Fall winter 2020-21		breakfast color	classic	Homestead	Harmony
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		scrambled eggs		scrambled Eggs	scrambled eggs	scrambled eggs
Scrambled/saus Eggs any style ♥ egg beaters	scrambled/sausa Eggs any style ♥ egg beaters	waffles/bacon Eggs any style ♥ egg beaters	scrambled/sausag Eggs any style ♥ egg beaters	pancakes/ sausage Eggs any style ♥ egg beaters	French toast/ bacon Eggs any style ♥ egg beaters	pancakes/sausage Eggs any style ♥ egg beaters
French toast bacon/sausage	Waffles bacon/sausage	cheese Blintz bacon/sausage	bagels& lox bacon/sausage	muffins bacon/sausage	chefs omelet bacon/sausage	blueberry pancakes bacon/sausage
Hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal
juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea
cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal
fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit
Lunch	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour
mini quice	salad	salad	salad	salad	salad	salad
Beef brisket or ♥ Italian chicken Potato pancakes Carrots	Egg salad sandwich or ♥ Turkey salad sandwich	Chicken Tenders or ♥ Spinach salad with salmon	Pulled Pork sandwich or ♥ chicken salad sandwich	american chop suey or ♥ honey lemon grilled swordfish over salad	BLT or ♥ Tuna salad sand with cottage cheese	mac and cheese or ♥ grilled shrimp over tossed salad
lemon Meringue	pudding	brownie	coffee cake	Banana Cake	fresh fruit	chocolate chip cook
x2 snack- yogurt	grapes	watermelon	pudding cup	cheese crackers	fresh fruit	ice cream cup
Dinner	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Soup du jour ♥ shepherds pie or smoked salmon plate w/ bagel	Soup du jour ♥ baked Cod or Grilled Pork chop with cider sauce mashed potato Peas	Soup du jour Vegetable lasagna or ♥ Turkey cutlet Garlic bread Cauliflower rice pilaf	Soup du jour Roast duck breast or ♥ sole florentine potato au gratin swiss chard	Soup du jour Beef moussaka or ♥ chicken pot Pie Baked potato beets	Soup du jour Liguine with clam sauce or ♥ Braised Beef mashed potato green beans	Soup du jour Rst beef tenderloin or ♥ turkey cacciatore Mashed sweet broccoli
icecream	custard pie	fresh fruit	baked apples	Bread Pudding	pumpkin pie	Cheese cake

Week 4

Week 4	Fall winter 2020-21			breakfast color	classic	Homestead	Harmony
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Scrambled/saus	scrambled/sausa	waffles/bacon	scrambled/sausag	pancakes/ sausag	French toast/ bacon	pancakes/sausage	
Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	Eggs any style	
♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	♥ egg beaters	
French toast	Waffles	cheese Blintz	bagels& lox	muffins	chefs omelet	blueberry pancakes	
bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	bacon/sausage	
Hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	hot cereal	
juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	juice coffee tea	
cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	cold cereal	
fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	fresh fruit	
Lunch	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	
Shrimp Cocktail							
Rack of lamb	Egg salad	Grilled Reuben	Grilled ham &	Chicken Caesar	♥ Tuna melt	hot dogs w/ beans	
or	sandwich	or	cheese	or	or	or	
♥ roast chicken	or	♥ open faced	or	♥ baked Cod	Beef & Barley Stew	♥ braised chicken	
mashed	♥ cranberry Walnut	turkey sandwich	♥ turkey sloppy	with slaw		thigh chili	
butternut squash	Chix salad	sauce on side	joes			stewed tomato	
			Chocolate chip	fresh fruit	grapenut custard	assorted dessets	
tiramisu	pudding	fruited jello	cookie				
x2 snack- yogurt	grapes	watermelon	pudding cup	cheese crackers	fresh fruit	ice cream cup	
Dinner	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	
Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	Soup du jour	
♥ grilled cheese	♥ Salmon	♥ lemon chicken	♥ Seafood Newburg	sweet&sour pork	chicken Parmigiana	♥ Turkey meatloaf	
& tomato sand.		or	or	or	or	or	
or	or	Cheese lasagna	beef&rice balls	♥ Baked turkey	♥ grilled swordfish	Assorted Pizza	
Meatball sub	Pork shoulder			dinner		Mashed sweet	
	Rice pilaf	garlic bread	Roasted potato	Mashed potato	garlic bread	potato	
	acorn squash	polenta	turnip &parsnip	Butternut squash	linquine	carrots	
		zucchini			green beans		
Spumoni	fresh fruit	Mississippi mud pie	poached pears	apple crisp	Lemon cream pie	Éclair	