



*Independent Living, Assisted Living,  
Memory Care & Mental Health, Social Day for Seniors*

[maryannmorse.org/heritageassistedliving](http://maryannmorse.org/heritageassistedliving)

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# CLASSIC

*Independent and Assisted Living*



Our parent organization, Mary Ann Morse Healthcare Corp., is dedicated to enhancing the quality of life of its residents through the provision of the highest quality skilled nursing, rehabilitative, restorative and assisted living services, and to lend comfort and support to residents and their families.

Mary Ann Morse at Heritage residents and their families enjoy peace of mind knowing that the community offers a full continuum of care, which includes the complete range of services available at Mary Ann Morse Healthcare Center in Natick, MA.



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## The Beginning of an Exciting New Chapter

Mary Ann Morse at Heritage offers carefree independent living apartments in a friendly, welcoming community in MetroWest Boston. Here you'll have the freedom to enjoy activities, outings, and delicious meals with friends who share the same interests. From fitness classes to live entertainment to special interest clubs and day trips, how you spend your time here is your choice.

Contact Us: 508-665-5300



## JUST THE RIGHT AMOUNT OF SUPPORT

Each Resident at Mary Morse at Heritage is unique. Some Residents are able to live independently and explore our community on their own. Others may need a bit of extra support with daily activities. Our team is here to offer a helping hand and provide the services needed to enhance each Resident's quality of life.

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### ALL-INCLUSIVE MONTHLY FEES:

Independent, Assisted & Assisted Plus Programs

- **Utilities included:** heat, air-conditioning, cable TV, telephone, Wi-Fi
- **Three delicious meals a day in our dining room**
- **Weekly apartment cleaning and linen laundering**
- **A rich and diverse offering of engaging activities and entertainment**
- **Daily exercise programs**
- **Wellness services, including monthly blood pressure clinic**
- **Transportation to shopping and community events**
- **Lifeline emergency response system**
- **24-hour vigilant staff**

### ASSISTED LIVING PROGRAM

Includes all of the above, plus up to 1 hour of incremental daily assistance or supervision with:

- **Medication Management**
- **Bathing/Showering**
- **Grooming & Dressing**
- **Daily Bed Making**
- **1 Person Assist/Transfers**
- **Toileting Assistance**

### ASSISTED LIVING PLUS PROGRAM

Includes all amenities listed above, plus up to 1 additional hour of incremental daily assistance while in the Homestead program:

- **Structured activities specific to the needs of Residents with early memory loss in Homestead Memory Care 7 days a week**
- **Additional support offered with cueing, redirection, and reassurance**
- **Monthly support group for family members**



## Amenities for an Active, Independent Lifestyle

Mary Ann Morse at Heritage Residents have access to a wide range of services and amenities within our independent living community.

- **Full calendar of fun and engaging social, educational, cultural, and physical activities**
- **Choice of cozy studio, 1-bedroom, or spacious 2-bedroom apartments**
- **Transportation to shopping and medical appointments, along with frequent group outings**
- **Restaurant-style dining featuring the culinary expertise of our Executive Chef**
- **Bistro menu of lighter fare served 2-4 pm in our Country Kitchen**
- **Housekeeping and weekly linen services**
- **Game and fitness rooms**