## Meet Samera Spear

**Occupational Therapist** 

With a deep passion for helping seniors maintain their independence and enhance their quality of life, Samera "Sam" Spear, OTR/L, brings extensive experience, skill, and compassion to her role as an Occupational Therapist at Mary Ann Morse Home Care. She specializes in working with individuals recovering from illness, injury, or surgery—helping them regain strength, mobility, and confidence in performing everyday tasks such as bathing, dressing, cooking, and moving safely around their home.

Sam takes a holistic approach to care, addressing not just physical rehabilitation but also cognitive and emotional well-being to ensure her patients feel safe, comfortable, and empowered in their daily routines. Through home safety assessments, adaptive equipment recommendations, and personalized therapy plans, she is dedicated to helping seniors live as independently as possible. Her expertise in fall prevention, pain management, and neurological rehabilitation makes her an invaluable resource for those managing chronic conditions or transitioning home after hospitalization.

With her warm, friendly, and encouraging approach, Sam builds strong relationships with her patients, ensuring they receive the highest level of care and support every step of the way.

"I love being an occupational therapist," says Sam. "Helping people get back to living their daily lives is incredibly rewarding. Seeing my patients accomplish something they thought was no longer possible — whether dressing themselves, cooking a favorite meal, or simply moving safely around their home — brings me much joy. I'm grateful to be a part of their journey."

Sam earned her degree in Occupational Therapy from the University of New England, where she also minored in Psychology & Social Relations. Her combined background in occupational therapy and social sciences allows her to take a well-rounded approach to patient care, addressing not just physical needs but also emotional and social well-being.





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Mary Ann Morse Home Care, a Medicare-certified provider serving 19 MetroWest communities, is part of the Mary Ann Morse Healthcare network, which includes Mary Ann Morse at Heritage and Mary Ann Morse Healthcare Center. Mary Ann Morse Healthcare provides a comprehensive range of connected senior living and healthcare services through a single nonprofit organization. This integrated "umbrella" of care ensures that residents, clients, and patients have full access to all the services and support they need — whenever they need it — without the need to seek care elsewhere. Transitions are smooth, with preferred treatment and priority status within our quality care system.