

Homestead Community

Memory Care Assisted Living



All of our assisted living apartments feature private bathrooms, ample closet space, kitchenettes, and easy-care flooring.

Our **Homestead Community** offers assisted living options for adults with mild memory impairment. Designed for aging adults, this community is ideal for those who may need specialized support and a bit more assistance with daily living activities.

Personalized Care and Support Within a Welcoming, Vibrant Community

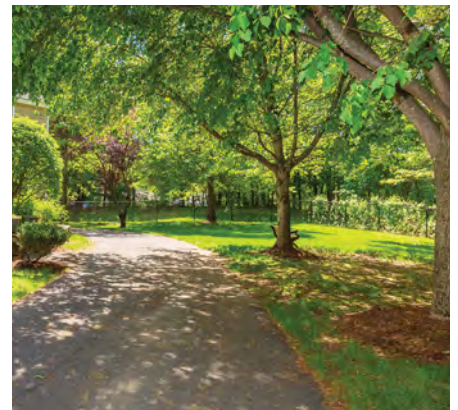
Mary Ann Morse at Heritage offers comfortable, worry-free living and compassionate, personalized care for today's aging adults. Choose from cozy studios and suite-style layouts. All apartments are designed for comfort and safety, with features such as low-maintenance finishes, easy-access bathrooms, grab bars, and more. Created by memory care architectural specialists, our community employs design elements to help support safety and therapeutic familiarity such as lighting, textures, flooring, and color schemes.

Residents enjoy our all-inclusive amenities, such as restaurant-style dining, cleaning services, and a variety of stimulating daily onsite activities. Homestead residents also receive up to two hours of daily assistance, supervised by onsite nurses, seven days a week. Assistance may include medication reminders, help with showering, toileting, grooming, dressing, and bed making, as well as escorts to and from activities. In addition, we provide:

- Individualized care plans, developed in collaboration with the family
- Round-the-clock, routinely-scheduled safety checks
- 24-hour staffing by professionals experienced in helping residents with a variety of memory-related conditions
- Wellness services, including blood pressure, weight clinics, and exercise classes

“Thank you for taking such great care of our mom during the time she lived with you. Dementia is a mean disease, but we had great confidence that you understood that and she was always safe, comfortable, and well-nourished. We were pleased to see that she was loved by everyone who spent time with her.”

—The D Family



Residents have access to over an acre of secure, monitored outdoor space, including a beautifully landscaped patio and raised garden beds.

> Here at Homestead, residents are respected as individuals, with memory care services provided by attentive, full-time professionals for the familiarity, continuity of care, and reassurance your loved one needs and deserves.

What's a Typical Homestead Day?

At Homestead, every day can bring different experiences. The only thing 'typical' is the way each day is filled with encouraging support, compassionate care, and personalized activities. Generally speaking, residents begin their day with personal care assistance and a delicious, chef-prepared breakfast served by wait staff in small, intimate family-style dining settings which helps minimize distractions. Then, they can join in any number of formally and informally scheduled activities throughout the day, whether within the Homestead community or the greater Mary Ann Morse at Heritage community. Our Homestead team continuously provides assistance with medication reminders, escorts to meals and events, and more. At the end of a full day, residents—and their families—have peace of mind knowing our trained staff is available around the clock.



Activities are designed to keep residents oriented, stimulated, and engaged during times between meals and into the early evening before bedtime, and to help inspire a sense of accomplishment and satisfaction.



Homestead resident activities focus on social interaction and the following eight goals:

- Reducing anxiety
- Increasing feelings of support
- Promoting positive feelings
- Creating feelings of success
- Regulating sleep/wake cycles
- Decreasing feelings of confusion
- Improving health & wellness
- Maximizing independence

Our staff invites residents to engage in activities designed to achieve these goals, as much as each one's cognitive and physical ability allows. Activities are created to be appropriately challenging, while emotionally constructive. The objective goes beyond providing entertainment; it's about encouraging mental and emotional flexibility and providing social interaction—ultimately contributing to overall well-being.

Together, for Better

All of us at Mary Ann Morse at Heritage are committed to promoting and supporting a vibrant living community where all are welcomed, valued, and respected. We strive to ensure open, ongoing communication through:

- Monthly resident council forums
- Regularly-scheduled family and resident consultations and support groups
- Published activities calendar and Heritage newsletter with a variety of memory-related conditions
- Family and resident surveys and feedback
- Onsite and virtual events



MARY ANN
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AT HERITAGE

Assisted Living, Memory Care, Mental Health

Contact us today for more information or to schedule a tour. Ask about options for short-term trial stays and respite care.

508-665-5300
maryannmorse.org

THE MONTESSORI DIFFERENCE IN MEMORY CARE



Empowering Residents. Enriching Lives. Restoring Dignity.

Our **Homestead** Memory Care team is proud to be certified in the Montessori Method Applied to Dementia by the International Council of Certified Dementia Practitioners (ICCDP) — a distinction held by only a select few communities nationwide. This evidence-based approach transforms the experience of living with Alzheimer's or other dementias into one of purpose, calm, and connection.

How Montessori Helps Support Your Loved One

- **Strengths-Based Focus** - We build on what your loved one can do — helping them rediscover confidence and independence through meaningful success each day.
- **Purposeful Daily Routines** - Residents participate in familiar home-like tasks — folding linens, gardening, setting a table — fostering belonging and identity.
- **Calm, Structured Environment** - Organized spaces, visual cues, and step-by-step guidance reduce confusion and anxiety, creating comfort and stability.
- **Meaningful Engagement** - Hands-on activities and sensory experiences spark memories, social connection, and joy.
- **Improved Well-Being** - Research shows Montessori methods help reduce agitation, improve eating habits, and enhance mood and communication.
- **Personalized Care** - Each resident's plan is tailored to their unique abilities, history, and preferences — ensuring dignity, respect, and fulfillment.

Montessori-based care helps foster consistency, comfort, and engagement — giving families reassurance and peace of mind that their loved one is living in a nurturing, supportive environment.

Just as Dr. Maria Montessori emphasized the right tools and environment for children to thrive, we apply her principles to help seniors and those with dementia engage, grow, and live with purpose.



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