

# THE MONTESSORI DIFFERENCE IN MEMORY CARE



Just as Dr. Maria Montessori emphasized the right tools and environment for children to thrive, we apply her principles to help seniors and those with dementia engage, grow, and live with purpose.

## Empowering Residents. Enriching Lives. Restoring Dignity.

Our **Homestead** Memory Care team is proud to be certified in the Montessori Method Applied to Dementia by the International Council of Certified Dementia Practitioners (ICCDP) — a distinction held by only a select few communities nationwide. This evidence-based approach transforms the experience of living with Alzheimer's or other dementias into one of purpose, calm, and connection.

## How Montessori Helps Support Your Loved One

- **Strengths-Based Focus** - We build on what your loved one can do — helping them rediscover confidence and independence through meaningful success each day.
- **Purposeful Daily Routines** - Residents participate in familiar home-like tasks — folding linens, gardening, setting a table — fostering belonging and identity.
- **Calm, Structured Environment** - Organized spaces, visual cues, and step-by-step guidance reduce confusion and anxiety, creating comfort and stability.
- **Meaningful Engagement** - Hands-on activities and sensory experiences spark memories, social connection, and joy.
- **Improved Well-Being** - Research shows Montessori methods help reduce agitation, improve eating habits, and enhance mood and communication.
- **Personalized Care** - Each resident's plan is tailored to their unique abilities, history, and preferences — ensuring dignity, respect, and fulfillment.

**Montessori-based care helps foster consistency, comfort, and engagement — giving families reassurance and peace of mind that their loved one is living in a nurturing, supportive environment.**



**MARY ANN  
MORSE**

**AT HERITAGE**  
*Assisted Living, Memory Care, Mental Health*

**Contact us today for more  
information or to schedule a tour:**

**508-665-5300**  
**maryannmorse.org**